

# 21. Österreichische Mastersmeisterschaften 2009

MSECM Austria

13:56 Uhr

## Wettkampf 4 - 100m Rücken männlich

### Altersklasse 35

|                                          |      |     |                                 |          |  |     |
|------------------------------------------|------|-----|---------------------------------|----------|--|-----|
| 1. Plotnieks, Janis                      | 1971 | LAT | Rigas Kipsalas peldesanas klubs | 01:02,18 |  | 535 |
| 50m: 00:30,71, 100m: 01:02,18 (00:31,47) |      |     |                                 |          |  |     |

## Wettkampf 10 - 100m Lagen männlich

### Altersklasse 35

|                     |      |     |                                 |          |        |     |
|---------------------|------|-----|---------------------------------|----------|--------|-----|
| 2. Plotnieks, Janis | 1971 | LAT | Rigas Kipsalas peldesanas klubs | 01:04,27 | +04.01 | 537 |
|---------------------|------|-----|---------------------------------|----------|--------|-----|

### Altersklasse 40

|                     |      |     |                                 |          |        |     |
|---------------------|------|-----|---------------------------------|----------|--------|-----|
| 10. Zeidaks, Didzis | 1969 | LAT | Rigas Kipsalas peldesanas klubs | 01:12,60 | +11.75 | 372 |
|---------------------|------|-----|---------------------------------|----------|--------|-----|

--- 2. Abschnitt ---

## Wettkampf 19 - 50m Rücken männlich

### Altersklasse 35

|                     |      |     |                                 |          |  |     |
|---------------------|------|-----|---------------------------------|----------|--|-----|
| 1. Plotnieks, Janis | 1971 | LAT | Rigas Kipsalas peldesanas klubs | 00:29,45 |  | 506 |
|---------------------|------|-----|---------------------------------|----------|--|-----|

## Wettkampf 23 - 400m Freistil männlich

### Altersklasse 40

|                                                                                                                                                                                                              |      |     |                                 |          |        |     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----|---------------------------------|----------|--------|-----|
| 5. Zeidaks, Didzis                                                                                                                                                                                           | 1969 | LAT | Rigas Kipsalas peldesanas klubs | 04:54,58 | +16.98 | 404 |
| 50m: 00:31,61, 100m: 01:06,61 (00:35,00), 150m: 01:43,20 (00:36,59), 200m: 02:20,81 (00:37,61)<br>250m: 02:59,63 (00:38,82), 300m: 03:38,88 (00:39,25), 350m: 04:17,39 (00:38,51), 400m: 04:54,58 (00:37,19) |      |     |                                 |          |        |     |